



**Hey Tritons.**

Have you ever used a SPC card before? Many students use these cards for discounts at SO MANY retailers - such as fashion, tech, food, beauty, travel, fitness, entertainment, lifestyle and local! Check it out online but buy through us! You SAVE on more than 450 brands - Shein, Adidas, Davids Tea, Ardene, Shoe Company, Urban Planet, Herschel Supply Co. and SO many more!

The card pays for itself and is valid for a full year from when you activate it. ORDER THROUGH SCHOOL CASH ONLINE AND WE DELIVER TO YOUR AFTERNOON CLASSROOM.

**If you are in grade 12** and behind in credits OR are in one of our SHSM programs, you could qualify to take a Dual Credit at Georgian.

**What's a Dual Credit?**

A Dual Credit is a college course that is taught by Georgian College professors that high school students can also take. If accepted, once a week you attend the class at Georgian College (transportation provided). This course counts as a credit towards your high school diploma AND as a college credit (you will be provided with a college transcript when you have successfully completed the course). Please see Ms. Kalbfleisch in Guidance for more information!

**This is a reminder** to all Tritons to please check your school student email daily! Important messages and reminders are communicated through email. Do not miss out!

**ATTENTION Nantyr Students:**

Lockers were assigned by homerooms. You cannot take a locker that is not assigned to you. If you have placed a lock on a locker other than the one, you were assigned kindly take it out by lunch time today.

**ATTENTION ALL GIRLS** INTERESTED IN TRYING OUT FOR FLAG FOOTBALL: There will be a meeting TODAY at 11am in the gym.

**Attention all cross-country runners!** Our first meeting will be at the beginning of lunch in room 215 on Monday. We are a co-ed, no-cut team that welcomes students from all grades. If you cannot make Monday's meeting, please contact Mr. Moreau or Mr. Knight.

**Any boy interested** in playing senior boys rugby 7's please come to a brief meeting in the gym at the beginning of lunch. Please see Mr. Larmon if you cannot attend.

**A reminder for girls basketball players:** there will be a practice today in the gym at lunch. For girls basketball players, there will be a practice today in the gym at lunch. Please bring appropriate gym clothes and shoes.

**Tiger tiger wooods yalll** Attention Senior boys' golfers! and All Girl golfers! Sign up to try out for the for-golf teams in Library!! See Rosar or Mccord if you have any questions!!